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European Year for **Active Ageing**
and **Solidarity between Generations 2012**



Ageing Well in Leeds Conference, Tuesday 9th October at Leeds City Museum

How do we all ensure that Leeds is a place to age well?

This event is in two parts to engage both practitioners/professionals and the older citizens of Leeds. You will hear about plans for ageing well in Leeds and see a showcase of local projects.

A free half-day conference in the morning (9.10am-12.30am) will feature speakers from local and national organisations, short films and panel discussions, in order to explore a range of ageing well topics including; care provision, dementia, arts in later life, attitudes towards ageing, and health and wellbeing.

The second part of the event (from 1.30pm onwards) is aimed at the general public, and will be a showcase event, with stalls and taster sessions, and will also take place in Leeds Museum. There will be a range of activities and information on what's on in Leeds including; lifelong learning, arts and crafts, cookery, local heritage, social opportunities, support and activities for people who are living with dementia, writers and readers groups, and dance.

As the European Commission says, *"There is a lot to life after 60 — and society is coming increasingly to appreciate the contribution older people can make. That's what active ageing is about — getting more out of life as you grow older, not less, whether at work, at home or in the community."*

At the time of writing there are still places left for the conference — please go to <http://ageingwell.eventbrite.com/> to book yours.

This event is supported by Europe Direct Leeds, Leeds Older People's Forum, Age UK Leeds and Leeds City Council to celebrate the European Year for Active Ageing and Solidarity between Generations

Welcome to the September issue!

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WebLinks



European Union website –
European Year for Active
Ageing and Solidarity
between Generations 2012
<http://europa.eu/ey2012/>

Leeds Ageing Well Framework

<http://www.leedsinitiative.org/page.aspx?id=21777>

Leeds Older People's Forum

<http://www.opforum.org.uk/>

Age UK Leeds

<http://www.ageuk.org.uk/leeds/>



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The Work Clubs at Leeds Libraries

Leeds Libraries have been providing one-to-one help and advice to jobseekers for many years. Our qualified advisors help with such matters as developing a CV, application forms, hunting for vacancies, preparing for interviews and finding courses and training. One of our recent clients, who managed to secure some temporary work, says, "Thank you for your time and advice, it was helpful and very much appreciated." Another said, "The adviser was very helpful and assisted me to come up with a brilliant CV."

More recently we have started **Work Clubs**, in association with Jobcentre Plus, on a drop-in rather than appointment basis, where we meet as a group to focus on specific topics, share experiences, and help each other in the search for jobs.

Each of the fortnightly Work Clubs at the Central Library begins with a presentation by Library staff or guest speakers. Topics have included volunteering, going to college, the various ways of finding vacancies, using 'social media' such as LinkedIn and Twitter to advertise a professional 'digital identity' and find out about opportunities through networking, and using Leeds Jobcentre Plus's new Twitter to get hot news about vacancies. There are also Work Clubs at Pudsey, Guiseley, and Morley Libraries.

WebLinks



Tracey Morewood online

<http://uk.linkedin.com/pub/tracey-morewood/48/789/944>
<http://twitter.com/Traceymorewood/>

Leeds Library and Information Service's Jobseekers pages

<http://www.businessandpatents.org>
 > Jobseekers

EURES-The European Job Mobility Portal

<http://ec.europa.eu/eures/home.jsp?lang=en>

Employment and Social Affairs

http://europa.eu/pol/socio/index_en.htm

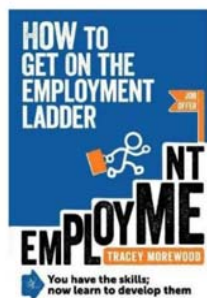
Work and Pensions in the European Union

http://europa.eu/eu-life/work-pensions/index_en.htm

LeedsJCP

<http://twitter.com/LeedsJCP>

The Work Club at Leeds Central Library



Monday 1st Oct
10.30 - 12.30

Get that job!

How to stand out from the crowd and sell yourself!

Presented by Tracey Morewood author of

'How to get on the employment ladder'

Join us in the Exhibition Space on the 1st floor
all welcome!

www.leeds.gov.uk/jobsearch



Enter our prize draw for a chance to win a copy of Tracey Morewood's book - **How to get on the employment ladder**

Don't miss this!

At the next session at **the Work Club at the Central Library**, on **Monday 1st October**, beginning at **10:30am**, our guest speaker will be **Tracey Morewood**.

Tracey is a tutor and assessor who delivers work skills to the unemployed to improve their chances of gaining employment. Tracey will talk about "**standing out from the crowd, selling yourself, and getting that job**". CVs and interview skills are of vital importance, but Tracey also likes to address what she calls "the bit in the middle", referring to "confidence, self-esteem, and self-belief which many people, even successful people often have barriers to."

Tracey is the author of a recent book called ***How to Get on the Employment Ladder: You Have the Skills; Now Learn to Develop Them***, to give it its full title.

As Tracey says on its back cover, "This book is straight to the point. I tell you what you need to know, not baffle you with what you don't."

We have three copies of the book to give away! If you attend the session you will be able to enter the draw to win a copy of your own!

There is no booking – just come along to the Central Library on Monday 1st October for 10:30am